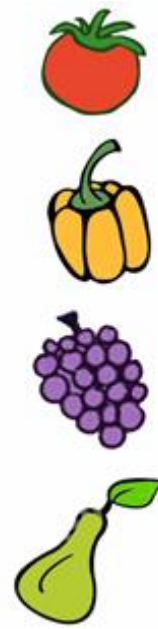
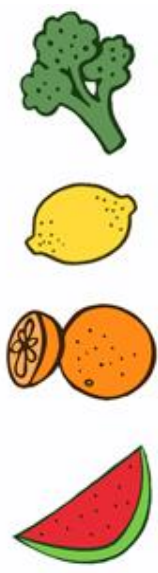


Happitots Bishopbriggs Menu



All chicken/meat options can be replaced with a meat free alternative as per individual child's needs.
Where required food will be pureed, semi pureed, mashed or chopped to meet the needs of babies and younger children.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast/ Morning Snack	Wholemeal toast & fresh fruit assortment	Toasted bagels with soft cheese & fresh fruit assortment	Potato scones with butter & fresh fruit assortment	Toasted muffins & fresh fruit assortment	Wholemeal toast & fresh fruit assortment
Lunch	Cowboy Pie or Breaded veggie burgers in a wholemeal roll served with salad	Pasta Bolognese or Baked potato served with an assortment of fillings	Chicken & Rice or Creamy cheese & tomato pasta	Chicken fajita with peppers & onions or Pizza with salad and coleslaw	Spaghetti & meatballs in a tomato sauce or Tuna & sweetcorn pasta served with salad
Pudding	Ice Cream	Fruit Yoghurt	Custard	Sugar-free Jelly	Fruit Yoghurt
Afternoon Snack	Variety of sandwiches & fresh fruit assortment	Crackers & cheese with a fresh fruit assortment	Breadsticks with dip & a fresh fruit assortment	Tortilla wraps with assorted filling & fresh fruit assortment	Scones with butter & sugar-free jam & a fresh fruit assortment



*All of our menus adhere to current Setting the Table Guidelines which you can see [here](#)

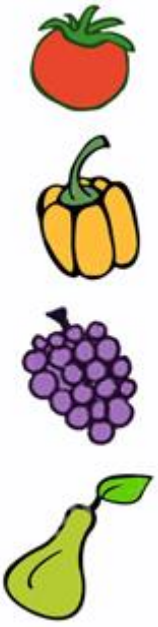
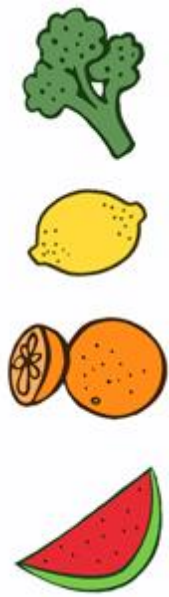


Happitots Bishopbriggs Menu



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Where required food will be pureed, semi pureed, mashed or chopped to meet the needs of babies and younger children.



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast/ Morning Snack	Toasted muffins & fresh fruit assortment	Wholemeal toast & fresh fruit assortment	Toasted bagels & fresh fruit assortment	Potato scones with butter & fresh fruit assortment	Pancakes with butter & fresh fruit assortment
Lunch	Ham, roast potatoes & cabbage or Baked potato served with an assortment of fillings	Mince with mashed potatoes & mixed vegetables or Quiche with rice	Corned beef hash or Macaroni cheese with cauliflower	Pasta Carbonara or Fishcakes, potato wedges & vegetables	Lentil soup served with crusty bread
Pudding	Sugar-free custard	Sugar-free angel delight	Ice Cream	Sugar-free Jelly	Fruit yoghurt
Afternoon Snack	Rice cakes & fresh fruit assortment	Crackers & cheese & fresh fruit assortment	Breadsticks with dip & fresh fruit assortment	Tortilla wraps with assorted fillings & fresh fruit assortment	Scones with butter, sugar free jam & fresh fruit assortment

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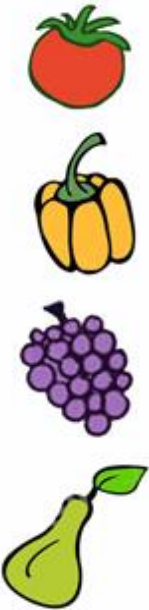
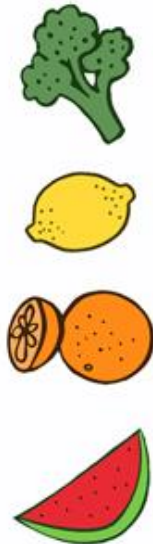
Happitots Bishopbriggs Menu



All chicken/meat options can be replaced with a meat free alternative as per individual child's needs.

Where required food will be pureed, semi pureed, mashed or chopped to meet the needs of babies and younger children.

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast/ Morning Snack	Wholemeal toast & fresh fruit assortment	Toasted bagels & fresh fruit assortment	Toasted muffins & fresh fruit assortment	Pancakes with butter & fresh fruit assortment	Wholemeal toast & fresh fruit assortment
Lunch	Chicken curry with fluffy boiled rice or Fish fingers, baby potatoes & garden peas	Sausages with mashed potato & mixed vegetables or Tomato & mixed vegetable pasta	Chicken Chow Mein or Vegetable nuggets & savoury rice	Lasagne with baby potatoes or Cheese & potato pie with mixed vegetables	Chicken & vegetable casserole or Pizza with salad & coleslaw
Pudding	Fruit Yoghurt	Sugar-free Jelly	Sugar-free angel delight	Fresh Fruit Platter	Fruit Yoghurt
Afternoon Snack	Oatcakes with butter & fresh fruit assortment	Morning rolls served with cold meats & cheese & fresh fruit assortment	Scones with butter, sugar-free jam & fresh fruit assortment	Crackers & cheese & fresh fruit assortment	Rice cakes with butter & fresh fruit assortment



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